



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE Spring/Summer 2019

PAY

You!

SUM OF Four Hundred and Thirty Seven Pounds

ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.



£437.00



05 0044 1551 508547 08439177



Smile
food that makes you happy

ASH GRANGE PRIMARY SCHOOL MENU

SPRING/SUMMER 2019



WEEK 1

25/2/19, 18/3/19, 22/4/19, 13/5/19, 10/6/19, 1/7/19,
22/7/19, 30/9/19, 21/10/19

Savoury Minced Beef Mash

or

Vegetable Chow Mein (v)

or

Jacket Potato with Choice of Filling (v)

Golden Corn, Mixed Salad

Apple & Pear Crumble with Custard

Hot Dog with Jacket Wedges & Tomato Sauce

or

Cheesy Broccoli Quiche with New Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

BBQ Beans, Super Greens

Chocolate & Beetroot Brownie

Roast Chicken with Stuffing, Gravy & Roast Potatoes

or

Veggie Bolognese with Pasta (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, Carrots

Rice Pudding & Jam Sauce

Beef Cottage Pie

or

Ratatouille Pasta (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Golden Corn

Pear and Chocolate Sponge & Chocolate Custard

Battered Cod with Chips & Tomato Sauce

or

Cheese & Tomato Puff with Chips (v)

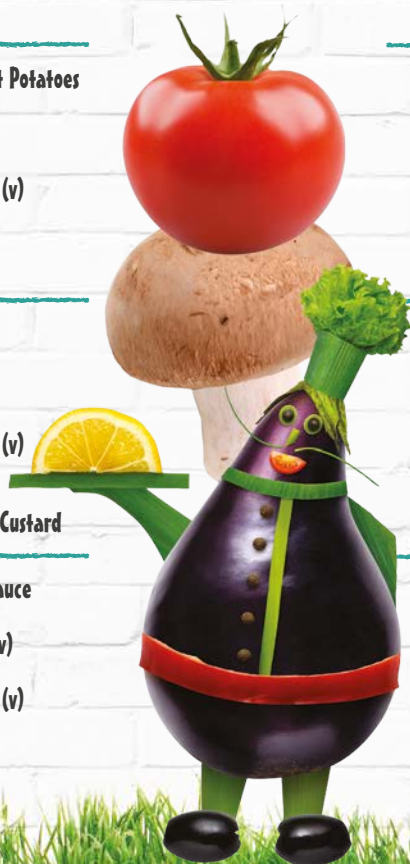
or

Jacket Potato with Choice of Filling (v)

Baked Beans, Garden Peas

Apple Flapjack

**FRESH
HEALTHY
TASTY**



WEEK 2

4/3/19, 25/3/19, 29/4/19, 20/5/19, 17/6/19, 8/7/19,
2/9/19, 16/9/19, 7/10/19

Beef Burger with Jacket Wedges & Tomato Sauce

or

Spinach & Potato Frittata (v)

or

Jacket Potato with Choice of Filling (v)

Garden Peas, Mixed Salad

Syrup Sponge with Custard

Spaghetti Beef Bolognese

or

Quorn Paella (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Cauliflower

Flapjack

Roast Turkey with Gravy & Roast Potatoes

or

Mac & Cheese (v)

or

Jacket Potato with Choice of Filling (v)

Shredded Cabbage, Carrots

Strawberry Jelly & Peach Slices (v)

Chicken & Broccoli Pasta Bake

or

All Day Veggie Breakfast (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, Baked Beans

Pineapple Upside Down Cake with Custard

Breaded Fish with Chips & Tomato Sauce

or

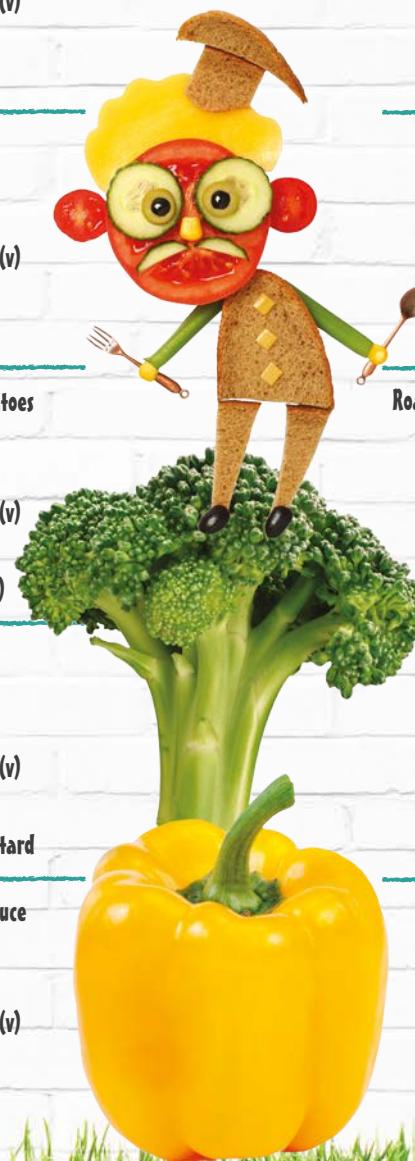
2 Cheese French Bread Pizza (v)

or

Jacket Potato with Choice of Filling (v)

Garden Peas, Golden Sweetcorn

Lemon Curd Shortbread



WEEK 3

11/3/19, 1/4/19, 6/5/19, 3/6/19, 24/6/19, 15/7/19,
9/9/19, 23/9/19, 14/10/19

Sausage & Mash with Gravy

or

Cauliflower Cheese & New Potatoes (v)

or

Jacket Potato with Choice of Filling (v)

Carrots, Garden Peas

Australian Crunch

Beef Lasagne with Garlic Bread

or

Golden Veggie Rice (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Golden Corn

Jam Sponge and Custard

Roast Chicken with Stuffing, Gravy & Roast Potatoes

or

Cheese & Onion Pinwheel (v)

or

Jacket Potato with Choice of Filling (v)

Broccoli, Carrots

Strawberry Jelly & Pineapple Chunks (v)

Cheese & Tomato Pizza with Potato Wedges (v)

or

Vegetable Curry with Rice (v)

or

Jacket Potato with Choice of Filling (v)

Green Beans, Golden Corn

Peach Crumble with Custard

MSC Salmon Fingers or White Fish Fingers
with Chips & Tomato Sauce

or

Veggie Hot Dog with Chips & Tomato Sauce (v)

or

Jacket Potato with Choice of Filling (v)

Baked Beans, Garden Peas

Iced Bun



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.